

The Whole Shabang Original Peanuts - 1.75 oz

Nutrition Facts

Serving Size 1/4 Cup (30g)
Servings Per Container About 2

Amount Per Serving

Calories 170 **Calories from Fat** 130

% Daily Value*

Total Fat 14g **22%**

 Saturated Fat 2g **10%**

 Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 200mg **8%**

Total Carbohydrate 6g **2%**

 Dietary Fiber 2g **8%**

 Sugars 2g

Protein 7g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: PEANUTS, SHEBANG SEASONING (SUGAR, SODIUM DIACETATE, SALT, AUTOLYZED YEAST EXTRACT, TORULA YEAST, ONION POWDER, MALIC ACID, CITRIC ACID, GARLIC POWDER, SPICE, PAPRIKA, EXTRACTIVES OF PAPRIKA AND TURMERIC, DISODIUM INOSINATE AND DISODIUM GUANYLATE, NATURAL SMOKE FLAVOR, LESS THAN 2% CALCIUM SILICATE [ANTI-CAKING AGENT]), CANOLA AND/OR PEANUT OIL, SOY LECITHIN.

CONTAINS PEANUT, SOY.