

The Whole Shabang Original Popcorn

07/29/2015

Nutrition Facts	
Serving Size 1 oz (28g/About 2 1/2 cups)	
Servings Per Container about 5	
Amount Per Serving	
Calories 150	Calories from Fat 90
% Daily Value*	
Total Fat 10g	15%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 530mg	22%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	8%
Sugars 2g	
Protein 2g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: POPCORN , VEGETABLE OIL (CORN AND/OR CANOLA AND/OR SUNFLOWER OIL), SEASONING (SUGAR, SODIUM DIACETATE, SALT, MONOSODIUM GLUTAMATE, TORULA YEAST, MALIC ACID, CITRIC ACID, DEHYDRATED ONION, CORN MALTODEXTRIN, YEAST EXTRACT, CALCIUM SILICATE, DEHYDRATED GARLIC, SPICES, PAPRIKA, EXTRACTIVES OF PAPRIKA AND TURMERIC, DISODIUM INOSINATE AND GUANYLATE, NATURAL FLAVOR).